

Scrutiny Board (Sustainable Economy and Culture)

The role of the Leeds Let's Get Active Scheme in promoting public health

Terms of reference

1.0 Introduction

- 1.1 At the beginning of the 2012/13 year, members of the Sustainable Economy and Culture Scrutiny Board decided that they wished to carry out an inquiry into the role of leisure and culture in promoting public health. This fits with the Vision for Leeds 2011 to 2030 ambition that by 2030, all Leeds' communities will be successful, including an aspiration that Leeds will be a city where healthy life choices are easier to make and local cultural and sporting activities are available to all.
- 1.2 A working group meeting was held on 30 August 2012 with representation from City Development directorate, Children's Services and Public Health to scope the proposed inquiry. Input was also received on behalf of the Health, Wellbeing and Adult Social care and the Children and Families Scrutiny Boards, given the cross-cutting nature of the chosen topic.
- 1.3 The working group had a wide ranging debate about the potential scope of their work and how to define the remit of the inquiry so as to be a manageable piece of work likely to produce useful outcomes. We concluded that the inquiry should focus on addressing health inequalities. We were particularly interested in considering the accessibility of provision.
- 1.4 Since the original decision by the Board to undertake this inquiry, the council was given the opportunity to bid for funding from Sport England from the 'Get Healthy, Get into Sport' fund. The fund was designed to support projects that can demonstrate health gains through sport and physical activity and, vitally, provide a robust evidence base. The Scrutiny Board was briefed on this bid at its meeting on 20 December 2012. The bid was successful and the programme will be implemented as the Leeds Let's Get Active (LLGA) scheme.
- 1.5 Leeds Let's Get Active seeks to explore methods to remove barriers that exist for the least active people in Leeds in relation to participating in sport and physical activity. It hopes to initiate a change in culture whereby inactive people take small steps to being active, feeling encouraged to take part in sport and physical activity in an environment where they feel welcome and comfortable. The ultimate aim is to help reduce the significant health inequalities that exist in the city. The project will test the barriers to participation (getting the inactive active) and what methods most effect behaviour change. The bid is based on

3 key strands: a core sport/fitness activity offer in leisure centres; a community multi-sport offer; and a behaviour change intervention within the Bodyline Access Scheme.

- 1.6 As a result of these developments, it was agreed that it would be appropriate to revise the focus of the scrutiny inquiry to enable the Board to play a more active role in contributing to the development of the proposed scheme and its subsequent monitoring.
- 1.7 It was agreed that the first session of the inquiry should follow the format set out in the original terms of reference, but that the remainder of the inquiry would be deferred until the 2013/14 municipal year and the planned activities revised to reflect the new focus of the inquiry. Accordingly an initial inquiry session was held on 9 April 2013, which provided an overview of how sport, recreation and culture can contribute to health outcomes and an outline of what currently happens in Leeds.

2.0 Scope of the inquiry

- 2.1 The purpose of the inquiry is to make an assessment of and, where appropriate, make recommendations on;
- The development and implementation of the Leeds Let's Get Active Scheme.
- 2.2 It is hoped that the Board's work will contribute to the evaluation report on the scheme that has been requested by the Executive Board.

3.0 Comments of the relevant director and executive member

- 3.1 Scrutiny Board procedure rules require that the Board consults with the relevant Executive Member(s) and Director(s) on the terms of reference for its inquiries. Any views will be communicated to the Board.

4.0 Timetable for the inquiry

- 4.1 The inquiry will take place over the course of the 2013/14 municipal year.
- 4.2 The inquiry will conclude with the publication of a formal report setting out the board's conclusions and recommendations.

5.0 Submission of evidence

5.1 Scrutiny Board meeting – 16 July 2013

This session will provide the Scrutiny Board with an opportunity to comment on the development and marketing of the Leeds Let's Get Active scheme prior to implementation in the autumn.

Scrutiny Board meeting – 18 March 2014

This session will review the progress of the scheme over its first few months of operation and any proposed developments

The board will then consider whether any further ongoing scrutiny monitoring and evaluation is required or whether to produce a final inquiry report at this stage of the scheme.

5.3 Witnesses

The inquiry will be supported by officers from City Development and from Public Health. Other witnesses will be invited as appropriate, including the relevant Executive members and scheme partners, including health service commissioners, research and delivery partners.

6.0 Equality, Diversity and Cohesion and Integration Issues

6.1 Where appropriate, all terms of reference for work undertaken by the Scrutiny Boards will include
To review how and to what effect consideration has been given to the impact of a service or policy on all equality areas, as set out in the council's Equality and Diversity scheme, and on the council's Cohesion and Integration Priorities and Delivery Plan.

6.2 The objectives of this inquiry particularly reflect the following theme from the council's Equality and Diversity scheme:
Service Delivery – Leeds City Council provides fair access to services which meet the needs of our diverse communities and individuals.

7.0 Monitoring Arrangements

7.1 Following the completion of the scrutiny inquiry and the publication of the final inquiry report and recommendations, the implementation of the agreed recommendations will be monitored.

7.2 The final inquiry report will include information on the detailed arrangements for monitoring the implementation of recommendations.

8.0 Measures of success

8.1 It is important to consider how the Board will deem whether its inquiry has been successful in making a difference to local people. Some measures of success may be obvious at the initial stages of an inquiry and can be included in these terms of reference. Other measures of success may become apparent as the inquiry progresses and discussions take place.

8.2 The Board will look to publish practical recommendations.